

OUR EXPERIENCE AT THE NATIONAL ASSP SAFETY CONFERENCE 2023



Left to Right: Kim Robinson (Business Development), Melissa Gill (CEO/Owner), and Pa Zong Lee (Sales and Marketing Associate)

Welcome to our blog! We are excited to share our experience from the National ASSP Safety Conference 2023. During this year's conference, we had the valuable opportunity to:

- Connect with thought leaders from various industries to delve into the current health trends affecting workers.
- Engagement in these discussions allowed us to gain insights and understand concerns regarding the rising rates of injuries among employees.
- We explored strategies aimed at implementing effective injury prevention programs, taking into account the guidelines set by OSHA for first aid, and specifically addressing how physical therapy (PT) fits into these guidelines.

- We emphasized the importance of adopting strategies that go beyond traditional approaches like ART (Active Release Technique), as PTs possess the expertise to provide techniques beyond soft tissue mobilization, specializing in identifying the root cause of body movement issues. As healthcare professionals at the doctorate level, we possess the expertise to counsel on health, wellness, and address any related concerns.



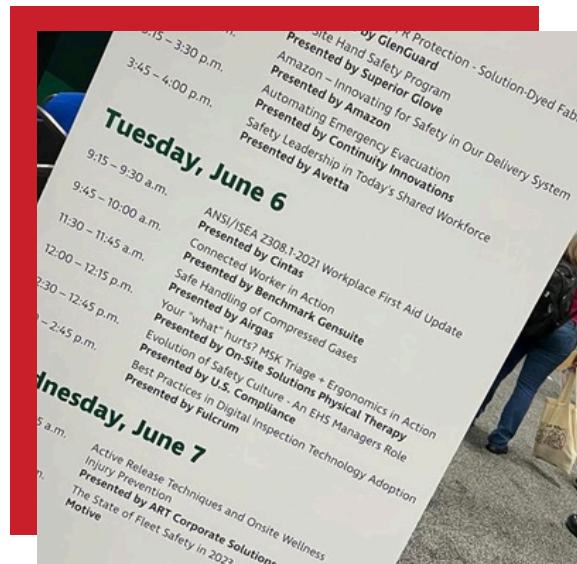
“Your ‘WHAT’ Hurts? MSK Triage + Ergonomics in Action”



In addition to the valuable learning experience, we had the opportunity to lead a Flash Session. Melissa Gill and Kim Robinson, who facilitated the session, provided the attendees with valuable insights and actionable strategies regarding ergonomics and stretching techniques.

The session drew a large crowd, with people even standing in the aisles due to the high turnout. Our primary goal was to provide participants with practical solutions that they could implement in their workplaces, emphasizing the significance of proper ergonomics and effective stretching routines for enhancing well-being and reducing the risk of injuries.

As an exciting bonus, participants actively engaged in the session had the chance to win fun OSSPT swag items as part of a game.



Time	Topic	Presenter
9:15 – 3:30 p.m.	Worksite Hand Safety Program	Presented by GlenGuard
3:45 – 4:00 p.m.	Automating Emergency Evacuation	Presented by Amazon
9:15 – 9:30 a.m.	Worksite Hand Safety Program	Presented by GlenGuard
9:45 – 10:00 a.m.	Connected Worker in Action	Presented by Cintas
11:30 – 11:45 a.m.	Safe Handling of Compressed Gases	Presented by Airgas
12:00 – 12:15 p.m.	Evolution of Safety Culture - An EHS Manager's Role	Presented by U.S. Compliance
12:30 – 12:45 p.m.	Best Practices in Digital Inspection Technology Adoption	Presented by Fulcrum
1:30 – 2:45 p.m.	Active Release Techniques and Onsite Wellness Injury Prevention	Presented by ART Corporate Solutions
2:45 p.m.	The State of Fleet Safety in 2023	Presented by ART Corporate Solutions

Our Transformative Journey at the National ASSP Safety Conference

Our time at the National ASSP Safety Conference 2023 was truly inspiring. We had the chance to connect with industry leaders, engage in discussions about injury prevention strategies, and emphasize the significance of thinking outside the box. As we look ahead to 2024,

we are excited to continue advancing occupational safety and health. Join us in our mission to create safer workplaces. Together, we can make a difference.

**National ASSP Safety
Conference 2024**
August 7 – 9, 2024
Denver, CO



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After the event, we met at Casa Rio on the Riverwalk for a debriefing session. It was the perfect chance to reflect, share feedback, and make plans for what's next. The laid-back atmosphere, tasty food, and refreshing drinks made it a fantastic way to wrap up a successful event. We left feeling motivated and ready for next year.