



COMPANY CASE STUDY

A Midwest Concrete Company recognized they needed a pro-active injury prevention approach to improve engagement, reduce work-related injuries, and enhance overall employee satisfaction.

THE RESULTS

Our Approach to Success

Since partnering with OSSPT in June 2023, there have been NO MSK OSHA recordables or WC claims to date.

Safety director and CEO credit OSSPT preventative services with the reduction in work-related injury expenses

Improved culture due to seeing employer as actively caring

Employees feel supported in managing their physical health and appreciate access to a physical therapist

Key Takeaways

Engagement is key. Ongoing job-specific education helped keep employees engaged and injury free.

Proactive ergonomic assessments reduced aches and pains.

PROGRAM COMPONENTS

- Engagement using 1-on-1 sessions with each employee
- Focused on improving MSK and overall health at home and work
- Employees seek PT for treatment and questions related to their health
- Observation of work tasks and collaboration with the mechanics
- Group and individual stretching programs
- Ergo assessments for risky postures/positions
- Educational content specific to job tasks and interests
- Evaluation and treatment of work-related injuries

COMPANY BACKGROUND

800 employees on 2 sites

Employees faced physical challenges due to the nature of their work

Long hours spent driving, lifting, and doing repetitive movements

High work-related injury spend

Large expansion in last 5 years

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I was impressed at how quickly they were able to build relationships with the drivers. You also managed to get them to open up in an environment where they usually don't want to talk. I'm really happy with the decrease in WC claims and costs, and I see a lot of value in having the weekly physical therapist presence to catch issues early.

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