



COMPANY CASE STUDY

A Midwest Manufacturing Company recognized they needed a pro-active injury prevention approach to improve engagement, reduce work-related injuries, and enhance overall employee satisfaction.

THE RESULTS

Our Approach to Success

There were **21** employees who qualified for MSK Save Criteria in **2024**, resulting in an estimated direct savings of **\$830,670**.

Safety director and CEO credit OSSPT preventative services with the reduction in work-related injury expenses

Improved culture due to seeing employer as actively caring

Employees feel supported in managing their physical health and appreciate access to a physical therapist

Key Takeaways

Engagement is key. Ongoing job-specific education helped keep employees engaged and injury free.

Proactive ergonomic assessments reduced aches and pains.

This site success led to expansions in 2024 to two additional locations in Michigan & Kentucky

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Outstanding service from Dr. Ward!! I'm so grateful for his help. Excellent benefit at Plant 1! Thank you.

-Employee of Client

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PROGRAM COMPONENTS

- Engagement using 1-on-1 sessions with each employee
- Focused on improving MSK and overall health at home and work
- Employees seek PT for treatment and questions related to their health
- Observation of work tasks and collaboration with the mechanics
- Group and individual stretching programs
- Ergo assessments for risky postures/positions
- Educational content specific to job tasks and interests
- Evaluation, treatment, and management of related injuries

NEW HIRE PROGRAM IMPLEMENTED AUG 2023

- All new hires, evaluated by PT
- PT identifies MSK risk factors
- Employee provided a home program that addresses risk factors
- Provider is notified of red flags
- Follow up with PT at 4 weeks, at employees' work area
- Work