



ROAMING PT CASE STUDY

A Midwest Electrical Company realized the need for a proactive injury prevention strategy that could be applied across all their jobsites for maximum impact. After seeing a significant reduction in work-related injury costs in the first year, they've continued to partner with OSSPT for the past seven years.

THE RESULTS

Our Approach to Success

Safety director and CEO credit OSSPT preventative services with the reduction in work-related injury expenses

Improved culture and advocacy for the program

Employees feel supported in managing their physical health and appreciate access to a physical therapist

Key Takeaways

Engagement is key. Ongoing job-specific education helped keep employees engaged and injury free.

Proactive ergonomic assessments and education reduced aches and pains.

Results

75% Reduction in total MSK Work-Related Injury Spend in Year 1

90% of work-related sprains/strains treated under OSHA First Aid

5:1 ROI

Maintained and Improved Results Year over Year

Zero Recordable injuries in 2024 and to date in 2025

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In many of our solar projects, injuries often result from repetitive motions. Bre was able to pinpoint our issue, educate our employees on proper techniques, and implement preventative measures to reduce injury risk. Her work has made a lasting positive difference in the wellbeing of our team.

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PROGRAM COMPONENTS

- Site walks for observations and to build engagement and trust
- Doctorate level PT who understands the scope of work
- Employees seek PT for treatment and questions related to their health
- PT self manages schedule but communicates with site leadership
- Group and individual stretching programs
- Ergo assessments for risky postures/positions
- Educational content specific to job tasks and interests
- Evaluation, treatment, and full medical management of work-related injuries
- Collaboration with safety on keeping employees safe and working

COMPANY BACKGROUND

1259 employees in the metro region

90 job sites ranging from 2-60+ employees

Repetitive Movement Tasks

High Work-related injury spend prior to partnering with OSSPT

Client utilizing Roaming PT model for 7 years